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**Kongressprogramm 2021** (Stand 15.3.2021)

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| 08.45 | Kongresseröffnung und Grusswort / Opening | Reto ZILLIGHeidi TANNO |
| 08.50-09.35 | * Beneficial effects of Dry Needling quantified by ultrasonography, self-reports and physical measures
 | Jay SHAH MD(USA) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 09.40-10.00 | Kaffeepause / Coffeebreak |  |
| 10.00-10.40 | * Adverse effects of dry-needling therapy: current status and future research
 | Aitor MARTIN PINTADO PhD, MSc, PT(ESP) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 10.45-11.25  | * Outcome of dry-needling-therapy concerning spastic muscle associated pain and dysfunction
 | Sheng Li MD, PhD(USA) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 11.30-12.10 | * New evidence on biopsy in MTrPs and there implication on the diagnosis of myofascial pain
* Dry Needling under EMG-guidance
 | Orlando Mayoral PT, PhD(ESP) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 12.15-13.00 | Lunchbreak |  |
| 13.00-13.40 | * Effectiveness of dry needling for myofascial trigger points in musculoskeletal disorders: protocol for an overview of a systematic review
* Effectiveness of Low-Level Laser Therapy Targeting Myofascial  Trigger Points: A Systematic Review and Meta-analysis
 | Marco BARBERO PhD(SUI) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 13.45-14.25 | * Kritische Betrachtung der wissenschaftlichen Grundlagen von Triggerpunkten mit einigen Bemerkungen zum Dry Needling
 | Prof.Dr.med.Sigfried MENSE(GER)  |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 14.30-14.45 | * Praxiserfahrungen mit DNT bei Patienten mit Spastik
 | Valentina Keller PT(SUI)  |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 14.50-15.20 | * Ultraschall geführtes Dry Needling in Tabuzonen: Praxiserfahrungen
 | Alexander GÜRTLER PTStephan Bürgin Dr.med.(SUI) |
| 15.20-15.35 | * Dry Needling in der Region Thorax: Risikopotential und Minimierung von Critical Incidents
 | Johannes MATHIS PT(SUI) |
|  | Fragen aus dem Auditorium / Questions from the audience |  |
| 15.40-16:10 | * Aktuelle Studienlage von Dry Needling bzgl. Assessment, Applikationsparametern und Outcome
 | Reto Zillig PT(SUI) |
| 16:10 | Kongressabschluss |  |